

Maandag	Dinsdag	Donderdag	Zondag
<b>A+</b> 19u – 19.30u Yoga (Floating Board)	12.30u – 13.15u Fitness	<b>A+</b> 10.30u – 11.15u Pilates	Extra mogelijkheden.
<b>A+</b> 19.30u – 20u Yoga (Floating Board)	<b>A+</b> 18.30u – 19.15u Pole	<b>A+</b> 11.15u – 12u Pilates	
<b>A+</b> 20.10u – 20.55u Drums	<b>A+</b> 19.30u – 20.15u Drums	<b>A+</b> 12u – 12.45u Drums	
19.30u – 20.15u Jogging	20.15u – 21u Cardio	12.45u – 13.30u Cardio	
<b>A+</b> 20.30u – 21.15u Cycling	<b>A+</b> 21.10u – 21.40u BBB (Floating Board)	<b>A+</b> 18.30u – 19.45u Drums	
<b>A+</b> 21.15u – 22u Cycling	<b>A+</b> 21.40u – 22.10u BBB (Floating Board)		

Sportbad
Golfslagbad
Lagune

**\*A+** Deze lessen behoren tot het extra aquasport+ pakket.