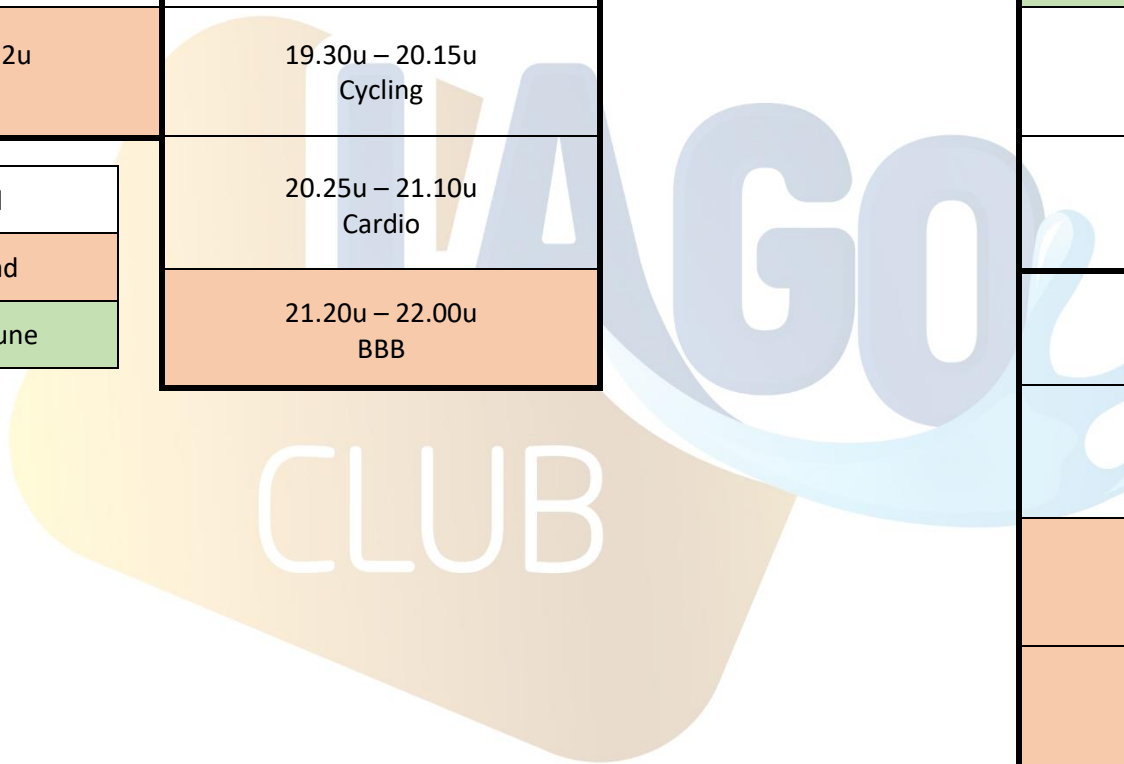


| Maandag                                                                                              | Dinsdag                    | Woensdag                                                                            | Donderdag                  |              |                           |                           |
|------------------------------------------------------------------------------------------------------|----------------------------|-------------------------------------------------------------------------------------|----------------------------|--------------|---------------------------|---------------------------|
| 19u – 19.40u<br>Yoga                                                                                 | 12u – 12.45u<br>Pilates    | 10.45u – 11.30u<br>Pilates                                                          | 09.45u – 10.30u<br>Pilates |              |                           |                           |
| 19.40u – 20.25u<br>Jogging                                                                           | 12.45u – 13.30u<br>Fitness |  | 10.30u – 11.15u<br>Pilates |              |                           |                           |
| 20.30u – 21.15u<br>Cycling                                                                           | 18.40u – 19.25u<br>Pole    |                                                                                     | 11.15u – 12u<br>Pilates    |              |                           |                           |
| 21.20u – 22u<br>BBB                                                                                  | 19.30u – 20.15u<br>Cycling |                                                                                     | 12u – 12.45u<br>Drums      |              |                           |                           |
| <table><tr><td>Sportbad</td></tr><tr><td>Golfslagbad</td></tr><tr><td>Warme Lagune</td></tr></table> | Sportbad                   |                                                                                     | Golfslagbad                | Warme Lagune | 20.25u – 21.10u<br>Cardio | 12.45u – 13.30u<br>Cardio |
| Sportbad                                                                                             |                            |                                                                                     |                            |              |                           |                           |
| Golfslagbad                                                                                          |                            |                                                                                     |                            |              |                           |                           |
| Warme Lagune                                                                                         |                            |                                                                                     |                            |              |                           |                           |
|                                                                                                      | 21.20u – 22.00u<br>BBB     |                                                                                     | 18.45u – 19.30u<br>Cardio  |              |                           |                           |
|                                                                                                      |                            | 19.35u – 20.20u<br>Jogging                                                          |                            |              |                           |                           |
|                                                                                                      |                            | 20.30u – 21.15u<br>Cycling                                                          |                            |              |                           |                           |
|                                                                                                      |                            | 21.20u – 22.00<br>Yoga                                                              |                            |              |                           |                           |